



2020 JAMFEST CHEER SUPER NATIONALS
OPEN PRACTICE SCHEDULE
FRIDAY, JANUARY 17, 2020
HALL B



****Open Practice is open to participating teams ONLY! NO spectators are allowed!****

Each team must report to the Practice Area (Hall B) by their designated time.
 Each team will receive 6 minutes on a stretch strip, 12 minutes on a spring strip, and 6 minutes on a full spring floor.
****Teams will only be allowed their allotted times during Open Practice. Extra time will not be given.****

	FLOOR H - 1	FLOOR H - 2	FLOOR F - 1	FLOOR F - 2
4:00 PM	Top Gun - Arizona - Immortals		Top Gun - Arizona - Aim	
4:03 PM		Top Gun - Arizona - Riot		
4:06 PM	HCA Gems - Golden Girls		Diamond Athletics - Lady Luxe	
4:09 PM		Virginia Royalty Athletics - Duchess		Fury Athletics of Madison - Love
4:12 PM	Virginia Royalty Athletics - Diamonds		University Cheer Force - Weather Girls	
4:15 PM		Rockstar Cheer - Jax - Juvenile		Fury Athletics of Madison - Honor
4:18 PM	Rockstar Cheer - Jax - Flo Rida		University Cheer Force - Tsunami	
4:21 PM		Rockstar Cheer - Jax - Weeknd		Fury Athletics of Madison - Respect
4:24 PM	Rockstar Cheer - Jax - Twisted Sis		University Cheer Force - Avalanche	
4:27 PM		Rockstar Cheer - Jax - 21 Savage		Fury Athletics of Madison - Genesis
4:30 PM	Top Gun - Arizona - Golden Ops		University Cheer Force - Mist	
4:33 PM		Top Gun - Arizona - Recon		Spirit All Stars - Passion
4:36 PM	HCA Gems - Rebel Rose		Top Gun - Arizona - CO2	
4:39 PM		Virginia Royalty Athletics - Lady Reign		WILDCATS Cheer Pride - Panthers
4:42 PM	Virginia Royalty Athletics - Heirs		Spirit All Stars - Obsession	
4:45 PM		Rock Dynasty - Onyx		USA Allstars - Intensity
4:48 PM	Rockstar Cheer - Jax - Jackson 5		Spirit All Stars - Inspire	
4:51 PM		Rock Dynasty - Titanium		
4:54 PM	Rockstar Cheer - Jax - EVE 6		Diamond Athletics - Shimmer	
4:57 PM		Top Gun - Arizona - Wrath		
5:00 PM	Stingray AllStars - Tampa - Wave Rays		Glitz All Stars - Envy	
5:03 PM		NJ Spirit Explosion - 5 Star		USA Allstars - Entourage
5:06 PM	HCA Gems - Junior Jade		Spirit All Stars - Loyalty	
5:09 PM		World Cup - Blazing Stars		WILDCATS Cheer Pride - Ferocious
5:12 PM	Lunar Viper Allstars - Solar 6		Steele Athletics - Titanium	
5:15 PM		World Cup - Rising Suns		Fire & Ice - 5 Alarm
5:18 PM			Liberty All Stars - Wicked	
5:21 PM		Rock N Rolls - Rogue		Fire & Ice - Hail
5:24 PM			Spirit All Stars - Envy	
5:27 PM		Rock N Rolls - Roar		NJ Spirit Explosion - X5
5:30 PM	Stingray AllStars - Tampa - Golden Rays		Diamond Athletics - Brilliance	
5:33 PM		University Cheer Force - Twisters		USA Allstars - Envy
5:36 PM	HCA Gems - Onyx Obsession		Glitz All Stars - Unit3d	
5:39 PM		University Cheer Force - Ice Storm		WILDCATS Cheer Pride - Leopards
5:42 PM	Rock Dynasty - Diamonds			
5:45 PM		University Cheer Force - Flash		WILDCATS Cheer Pride - Scratch
5:48 PM			Technique Gems - Glow	
5:51 PM		University Cheer Force - Black Ice		Fire & Ice - Open Fire
5:54 PM				
5:57 PM		Midwest Cheer Elite - Femme Feline		Fire & Ice - Black Ice
6:00 PM	Cheer Extreme - Maryland - Glam		Matrix Allstars - Defiance	
6:03 PM		World Cup - Scorpio		
6:06 PM	HCA Gems - Aqua Attitude		Glitz All Stars - GCO4	
6:09 PM		World Cup - Gemini		TSC Allstars - BlackJacks
6:12 PM	Stingray AllStars - Tampa - Beach Rays		Allstar Athletics - Junior 2	
6:15 PM		WILDCATS Cheer Pride - Jags		TSC Allstars - Black Magic
6:18 PM	Stingray AllStars - Tampa - Sun Rays		Liberty All Stars - Rebels	
6:21 PM		NJ Spirit Explosion - FAB 5		TSC Allstars - Black Light
6:24 PM	I Force Cheer - Glam Squad		TSC Allstars - Black Ops	
6:27 PM		CheerVille Athletics - Shade		TSC Allstars - Blackout
6:30 PM	Rock N Rolls - Rage		TSC Allstars - Black Diamonds	
6:33 PM		CheerVille Athletics - The Plastics		NJ Spirit Explosion - Bombshells
6:36 PM	Rock N Rolls - Royalty		Matrix Allstars - Mayhem	
6:39 PM		CheerVille Athletics - Wicked		
6:42 PM	University Cheer Force - Queen Quakes			
6:45 PM				
6:48 PM	University Cheer Force - Firestorm			
6:51 PM				
6:54 PM	University Cheer Force - Frost			
6:57 PM				
7:00 PM	Stingray AllStars - Tampa - Tropic Rays		Allstar Athletics - Senior 4	
7:03 PM		Infinity Athletics - L.E.G.A.C.Y.		Star Athletics - Youth Black
7:06 PM	Cheer Extreme - Maryland - Glamour Queens			
7:09 PM				Star Athletics - Junior White
7:12 PM	Matrix Allstars - Attitude		Liberty All Stars - Divas	
7:15 PM		Ohio Cheer Explosion - Nitro		Star Athletics - Junior Gold
7:18 PM				
7:21 PM				Star Athletics - Senior Platinum
7:24 PM				
7:27 PM				
7:30 PM				
7:33 PM				



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	FLOOR H - 1	FLOOR H - 2	FLOOR F - 1	FLOOR F - 2
7:36 PM			CheerVille Athletics - Medusa	
7:39 PM				
7:42 PM	Matrix AllStars - Vengeance		CheerVille Athletics - Harley Quinn	
7:45 PM				
7:48 PM			CheerVille Athletics - Night Kings	
7:51 PM				
7:54 PM			CheerVille Athletics - Bellatrix	
7:57 PM		Ohio Cheer Explosion - C4		Liberty All Stars - Reckless
8:00 PM			CheerVille Athletics - Hocus Pocus	
8:03 PM		Infinity Athletics - H.E.R.O.E.S.		Star Athletics - Senior Gold
8:06 PM	Cheer Extreme - Maryland - City Girls		CheerVille Athletics - Mystique	
8:09 PM		Cheer Extreme - Maryland - Shade		Star Athletics - Senior Slate
8:12 PM	CheerQuest - Storm		CheerVille Athletics - Maleficent	
8:15 PM		Power In Motion - Force		Star Athletics - Senior Black
8:18 PM			CheerVille Athletics - Phantom	
8:21 PM				Star Athletics - Senior Red
8:24 PM				
8:27 PM				
8:30 PM				
8:33 PM				
8:36 PM			Liberty All Stars - Vicious	
8:39 PM		Ohio Cheer Explosion - Lady Fusion		
8:42 PM	Top Gun - Yoso		Double O	
8:45 PM		Top Gun - Femme Felines		