

JAMfest - Jacksonville - Classic

December 3, 2023

University of North Florida

1- EVENT CHECK-IN

Turn in paperwork and receive credentials

2- WARM-UP CHECK-IN

Report 5 minutes before first mat time

3- 54' X 18' MAT

6 minutes

4- 70' X 12' SPRING STRIP

6 minutes

5- FULL FOAM FLOOR

6 minutes

6- IN THE HOLE

7- ON DECK

8- PERFORMANCE FLOOR

Good luck!

9- SCORE SHEET REVIEW

Don't forget to review your scores

