



Dear Gym Owners & Coaches,

We would like to share with you some information to help better prepare all athletes, coaches and spectators for your upcoming event. **We are asking for your full cooperation and adherence to the guidance below and urge you to share this information with your athletes and fans to avoid issues that can hinder a positive competition experience.**

An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending this event, you voluntarily assume all risks related to exposure to COVID-19. Please help keep each other safe and healthy by following the guidance provided.

Champion Cheer and Dance - Upper Marlboro - Grand Nationals

Upper Marlboro, MD

January 30, 2022

Option A

NEW - USA Cheer Membership Requirement for School and Recreation Cheerleading and Dance Teams

Varsity Spirit will require that all school and recreation coaches, choreographers and personnel wishing to access the warmup area, backstage or coaches' box have a USA Cheer Coach, Dance or Professional Membership, and must present proof of their membership along with valid photo ID at check-in to receive a wristband.

Everyone in Attendance:

- Spectators, Athletes & Coaches are required to wear a mask while inside the facility. The use of masks will not affect your score.
- Masks must completely cover the nose and mouth. Plastic face shields are not considered masks and may only be worn in addition to a mask.
- As much as possible, please engage in physical distancing at all times. We encourage your spectators to remain in cohorts and avoid close interactions with those outside of your group.

Coaches Check-In

- Two coaches per team will be allowed at check-in with physical distancing protocols in place.
- All Coaches and Owners will need to present I.D. (*and USA Cheer Membership Card*) to receive your (*USASF Green Light wristband or USA Cheer wristband*) at registration/check-in. Coaches/Eligible members must be listed on your USASF rosters to check-in.
- Please have all pertinent event required documentation ready to help speed up the check-in process. (*Events may spell out specific documentation as needed*)

Coaches & Team Information

- Coaches Lounge and Team rooms will not be available.
- Touchless Hydration Stations will not be provided. Athletes may also bring in their own water bottle.

Spectator Ticketing & Viewing

- Spectators will be allowed into the venue to view all performances.
- Tickets may be purchased pre-event online and will be available the week of the event.
- *Tickets will be \$27 per adult. Children (6-16 years old), Seniors (65+ years old) and Military Admission will be \$17 per ticket. Children 5 and under are free. *Additional fees for online ticket purchases may apply.*
- A general schedule listing the divisions and times for each performance is posted on the event page.

Event Concessions & Vendor Merchandise

- Concessions and merchandise will be available at the competition venue. Please note transactions may be limited to credit card only.

Event Awards

- All awards ceremonies will be virtual for spectators and athletes to view throughout the day according to the awards schedule.
- Awards will not be mailed post event.

Post-Event

As part of our commitment to safety, our goal is to assist with providing information of possible exposure to those that may have attended an event where someone tested positive. Close contact will be determined utilizing the CDC definition: a close contact is anyone who was within 6 feet of an infected person for a total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes). Following the event, please use this link to report any COVID-19 positive cases that occur within 5 days of the event. [COVID-19 Reporting](#)

Additional details regarding this event, including the preliminary schedule, will be sent 10 days prior to the competition. The final details and schedule for this individual competition will be continuously monitored and may be adjusted, including making the competition virtual, if necessary. All guidelines are subject to change based on Centers for Disease Control and Prevention ("CDC"), federal, state, local and venue-specific guidance. We will communicate any changes to you as soon as they are confirmed.

[CLICK HERE](#) to view Varsity Spirit's baseline safety standards.

Helpful links for additional information:

- [Varsity Spirit's Health & Safety Page](#)
- [Signs & Symptoms of COVID-19](#)
- [Varsity Spirit's COVID-19 Competition Rules](#)

You can trust Varsity Spirit to lead the way in bringing back events safely. If you have additional questions regarding your specific event, we are here to help. We hope to see you soon and thank you for being part of our Varsity Spirit Family.

Leslie Anderson

Champion Cheer and Dance

Varsity All Star