



GENERAL SCHEDULE

VARSITY.COM/CAC



GENERAL SCHEDULE

The General Schedule below has been provided to assist with general event planning. Please be aware that the schedule is subject to change and will be updated as we continue to receive registrations for the event. We are excited to see you at Coastal at the Capitol 2022!

Saturday, February 12, 2022

Maryland Ballroom

Potomac Ballroom

Hall A&B

Hall C&D

Doors Open at 8:00 AM

8:00 AM					8:00 AM
8:15 AM					8:15 AM
8:30 AM					8:30 AM
8:45 AM					8:45 AM
9:00 AM	Session #1 9:00 AM - 12:00 PM All Jazz All Pom All Kick All Variety All Contemporary/Lyrical	Session #3 9:00 AM - 12:30 PM L1 - Tiny - D2 L1 - Mini - D2 L1 - Youth - D2 L1 - Junior - D2 L1 - Senior - D2 L3 - Youth - D2 L3 - Junior - D2 L3 - Senior - D2	Session #7 9:00 AM - 11:45 AM L1 - Tiny L1 - Mini L1 - Youth L3 - Youth L4 - Junior	Session #11 9:00 AM - 10:45 AM L1 - U17 L2 - Mini L2 - Youth L4.2 - Senior L4 - U19	9:00 AM
9:15 AM					9:15 AM
9:30 AM					9:30 AM
9:45 AM					9:45 AM
10:00 AM					10:00 AM
10:15 AM					10:15 AM
10:30 AM					10:30 AM
10:45 AM					10:45 AM
11:00 AM					11:00 AM
11:15 AM					11:15 AM
11:30 AM				Session #12 11:30 AM - 2:00 PM L2 - Junior L6 - International Open - NT L6 - International Open Coed - NT	11:30 AM
11:45 AM					11:45 AM
12:00 PM					12:00 PM
12:15 PM					12:15 PM
12:30 PM					12:30 PM
12:45 PM					12:45 PM
1:00 PM	Session #2 1:00 PM - 5:00 PM All Hip-Hop All Prep	Session #4 1:30 PM - 4:15 PM L2 - Mini - D2 L2 - Youth - D2 L2 - Senior - D2 L4 - Youth - D2 L4 - Junior - D2 L4 - Senior/Coed - D2 L4 - Senior Open - D2	Session #8 12:45 PM - 3:00 PM L1 - Junior L1 - Senior L3 - Senior/Coed		1:00 PM
1:15 PM					1:15 PM
1:30 PM					1:30 PM
1:45 PM					1:45 PM
2:00 PM					2:00 PM
2:15 PM					2:15 PM
2:30 PM					2:30 PM
2:45 PM					2:45 PM
3:00 PM					3:00 PM
3:15 PM					3:15 PM
3:30 PM					3:30 PM
3:45 PM					3:45 PM
4:00 PM					4:00 PM
4:15 PM					4:15 PM
4:30 PM		Session #5 4:30 PM - 5:30 PM All D2 Prep, Novice, & Exhibition			4:30 PM
4:45 PM					4:45 PM
5:00 PM					5:00 PM
5:15 PM					5:15 PM
5:30 PM	Prep Dance Awards Ceremony 5:30 PM		D1 Prep Cheer Awards Ceremony 5:15 PM		5:30 PM
5:45 PM					5:45 PM
6:00 PM		D2 Prep Awards Ceremony 6:00 PM			6:00 PM
6:15 PM					6:15 PM
6:30 PM		Session #6 6:30 PM - 9:30 PM L2 - Junior - D2 L4.2 Senior - D2 L5 - Junior - D2 L5 - Senior - D2 L5 - Senior Coed - D2 L5 - Senior Open - D2 All D2 Prep, Novice, & Exhibition	Session #10 5:45 PM - 9:15 PM L3 - Junior L4 - Senior/Coed		6:30 PM
6:45 PM					6:45 PM
7:00 PM					7:00 PM
7:15 PM					7:15 PM
7:30 PM					7:30 PM
7:45 PM					7:45 PM
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8:45 PM					8:45 PM
9:00 PM					9:00 PM
9:15 PM					9:15 PM
9:30 PM					9:30 PM
9:45 PM					9:45 PM
10:00 PM					10:00 PM
				Session #14 6:30 PM - 10:00 PM L4 - U17/Coed L4 - International Open L5 - Junior L5 - Senior L5 - Senior Coed L5 - Senior Open/Coed L6 - Senior Open/Coed L6 - International Open/Coed L7 - International Open/Coed	



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Sunday, February 13, 2022

Maryland Ballroom

Potomac Ballroom

Hall A&B

Hall C&D

Doors Open at 7:00 AM

8:00 AM	Session #1 8:00 AM - 11:00 AM All Jazz All Pom All Kick All Variety All Contemporary/Lyrical	Session #3 8:00 AM - 11:45 AM L1 - Tiny - D2 L1 - Mini - D2 L1 - Youth - D2 L1 - Junior - D2 L1 - Senior - D2 L3 - Youth - D2 L3 - Junior - D2 L3 - Senior - D2	Session #7 8:00 AM - 10:45 AM L1 - Tiny L1 - Mini L1 - Youth L3 - Youth L4 - Junior	Session #11 8:00 AM - 9:45 AM L1 - U17 L2 - Mini L2 - Youth L4.2 - Senior L4 - U19	8:00 AM
8:15 AM					8:15 AM
8:30 AM					8:30 AM
8:45 AM					8:45 AM
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10:45 AM	10:30 AM				
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9:00 PM	8:45 PM				
9:15 PM	9:00 PM				
9:30 PM	9:15 PM				
	9:30 PM				

Session #1 Awards
11:30 AM

Session #2
12:00 PM - 3:00 PM
All Hip-Hop

Session #2 Awards
3:15 PM

Remaining Cheer Awards
will take place in the Maryland Ballroom. Awards Schedule will be posted on 2/9/22.

Session #3 Awards
12:15 PM

Session #4
12:45 PM - 3:30 PM
L2 - Mini - D2
L2 - Youth - D2
L2 - Senior - D2
L4 - Youth - D2
L4 - Junior - D2
L4 - Senior/Coed - D2

Session #6
3:45 PM - 6:30 PM
L2 - Junior - D2
L4.2 Senior - D2
L5 - Junior - D2
L5 - Senior - D2
L5 - Senior Coed - D2
L5 - Senior Open - D2

Session #7 Awards
11:15 AM

Session #8
12:00 PM - 2:15 PM
L1 - Junior
L1 - Senior
L3 - Senior/Coed

Session #10
2:30 PM - 6:00 PM
L3 - Junior
L4 - Senior/Coed

Session #11 Awards
10:15 AM

Session #12
10:30 AM - 1:00 PM
L2 - Junior
L6 - International Open - NT
L6 - International Open Coed - NT

Session #13
3:15 PM - 5:30 PM

L2 - Senior
L2 - U17
L2 - U19
L3 - U17
L6 - Junior
L6 - Senior Xsmall/Coed
L6 - Senior Small/Coed

Session #14
6:00 PM - 9:15 PM
L4 - U17/Coed
L4 - International Open
L5 - Junior
L5 - Senior
L5 - Senior Coed
L5 - Senior Open/Coed
L6 - Senior Open/Coed
L6 - International Open/Coed
L7 - International Open/Coed