

The American Heartland DI / Open Sunday Schedule

3/15/2019 14:10

| Compete | Program | Team | Competition Division | Size | City, State |
|-----------------|------------------------|------------|----------------------|------|-----------------|
| 8:00 AM | DOORS OPEN | | | | |
| 9:00 AM | Cheer Xpress | Pixies | L1 Tiny | 8 | Lincoln, NE |
| 9:05 AM | Ultimate Dance & Cheer | Mini 1 | L1 Mini | 12 | Sioux Falls, SD |
| 9:10 AM | Northern Elite | Crush | L1 Mini | 11 | Bloomington, MN |
| 9:15 AM | Planet Spirit | Starlites | L1 Youth - Small | 18 | Minneapolis, MN |
| 9:20 AM | Northern Elite | Frenzy | L1 Youth - Small | 17 | Bloomington, MN |
| 9:25 AM | Break | | | | |
| 9:30 AM | Cheer Xpress | Vortex | L1 Youth - Medium | 24 | Lincoln, NE |
| 9:35 AM | Elite Cheer | Dazzle | L1 Youth - Medium | 28 | Omaha, NE |
| 9:40 AM | Planet Spirit | Sparks | L1 Youth - Medium | 24 | Minneapolis, MN |
| 9:45 AM | Ultimate Dance & Cheer | Odyssey | L1 Youth - Medium | 24 | Sioux Falls, SD |
| 9:50 AM | Northern Elite | Wrath | L1 Senior | 19 | Bloomington, MN |
| 9:55 AM | Planet Spirit | Suns | L1 Senior | 20 | Minneapolis, MN |
| 10:00 AM | Dakota Spirit | Radiance | L1 Junior | 23 | Sioux Falls, SD |
| 10:05 AM | Break | | | | |
| 10:10 AM | Cheer Xpress | Matrix | L2 Mini | 12 | Lincoln, NE |
| 10:15 AM | Elite Cheer | Intensity | L2 Youth | 28 | Omaha, NE |
| 10:20 AM | Cheer Xpress | Phoenix | L2 Youth | 14 | Lincoln, NE |
| 10:25 AM | Northern Elite | Fierce | L2 Youth | 18 | Bloomington, MN |
| 10:30 AM | Break | | | | |
| 10:35 AM | Dakota Spirit | Ignite | L2 Junior | 19 | Sioux Falls, SD |
| 10:40 AM | Ultimate Dance & Cheer | Endeavor | L2 Junior | 14 | Sioux Falls, SD |
| 10:45 AM | Elite Cheer | Fusion | L2 Junior | 22 | Omaha, NE |
| 10:50 AM | Planet Spirit | Hail | L2 Junior | 26 | Minneapolis, MN |
| 10:55 AM | Northern Elite | Riptide | L2 Junior | 22 | Bloomington, MN |
| 11:00 AM | AWARDS CEREMONY | | | | |
| 11:25 AM | Cheer Xpress | Extreme | L2 Senior - Medium | 23 | Lincoln, NE |
| 11:30 AM | Planet Spirit | Rain | L2 Senior - Small | 17 | Minneapolis, MN |
| 11:35 AM | Northern Elite | Fury | L2 Senior - Small | 17 | Bloomington, MN |
| 11:40 AM | Cheer Xpress | X-Factor | L2 Senior - Small | 14 | Lincoln, NE |
| 11:45 AM | Elite Cheer | Eclipse | L2 Senior - Small | 22 | Omaha, NE |
| 11:50 AM | Break | | | | |
| 11:55 AM | Cheer Xpress | Explosion | L3 Youth | 15 | Lincoln, NE |
| 12:00 PM | Dakota Spirit | Blaze | L3 Youth | 14 | Sioux Falls, SD |
| 12:05 PM | Northern Elite | Rampage | L3 Junior - Small | 17 | Bloomington, MN |
| 12:10 PM | Planet Spirit | Freeze | L3 Junior - Small | 14 | Minneapolis, MN |
| 12:15 PM | Break | | | | |
| 12:20 PM | Elite Cheer | Blaze | L3 Junior - Medium | 23 | Omaha, NE |
| 12:25 PM | Cheer Xpress | Onyx | L3 Junior - Medium | 29 | Lincoln, NE |
| 12:30 PM | AWARDS CEREMONY | | | | |
| 1:05 PM | Dakota Spirit | Eclipse | L3 Senior | 29 | Sioux Falls, SD |
| 1:10 PM | Elite Cheer | Shine | L3 Senior | 20 | Omaha, NE |
| 1:15 PM | Northern Elite | Force | L3 Senior | 17 | Bloomington, MN |
| 1:20 PM | Planet Spirit | Chill | L3 Senior | 18 | Minneapolis, MN |
| 1:25 PM | Cheer Xpress | Exquisite | L3 Senior | 16 | Lincoln, NE |
| 1:30 PM | Break | | | | |
| 1:35 PM | Dakota Spirit | Enfuego | L4 Junior | 22 | Sioux Falls, SD |
| 1:40 PM | Cheer Xpress | Excellence | L4 Junior | 13 | Lincoln, NE |
| 1:45 PM | Elite Cheer | Odyssey | L4 Junior | 21 | Omaha, NE |
| 1:50 PM | Northern Elite | Flre | L4 Senior | 15 | Bloomington, MN |
| 1:55 PM | Elite Cheer | Suns | L4 Senior | 22 | Omaha, NE |

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| 2:00 PM | Break | | | | |
| 2:05 PM | Cheer Xpress | CoEx | L5 Senior Coed - XSmall | 13 | Lincoln, NE |
| 2:10 PM | Planet Spirit | Black Ice | L5 Senior Restricted | 19 | Minneapolis, MN |
| 2:15 PM | Dakota Spirit | Apollo | L5 Senior Restricted | 19 | Sioux Falls, SD |
| 2:20 PM | Northern Elite | Desire | L5 Senior Restricted | 17 | Bloomington, MN |
| 2:25 PM | Break | | | | |
| 2:30 PM | Cheer Xpress | Lady X | L5 Senior XSmall | 15 | Lincoln, NE |
| 2:35 PM | Cheer Xpress | Junior X | L5 Junior | 15 | Lincoln, NE |
| 2:40 PM | AWARDS CEREMONY | | | | |
| 3:00 PM | AWARDS CEREMONY | | | | |