2014 - 2016 School and Recreational Competition Divisions

JUNIOR HIGH / JUNIOR VARSITY DIVISIONS

*** Small Junior High**	• 9th grade and below	• Female/Male	• 5 - 16 Members	
*** Large Junior High**	• 9th grade and below	• Female/Male	• 17 - 25 Members	
Small Junior Varsity	• 12th grade and below	• Female	• 5 - 16 Members	Note: Official Junior Varsity Team or a JH team with a majority of 9th grade team members.
Large Junior Varsity	• 12th grade and below	• Female	• 17 - 25 Members	Note: Official Junior Varsity Team or a JH team with a majority of 9th grade team members.
Junior Varsity Coed	• 12th grade and below	• Female/Male	• 5 - 25 Members	Note: Official Junior Varsity Team or a JH team with a majority of 9th grade team members.

** Junior High Division Guidelines: Junior High teams may include 9th grade participants IF (1) the school represented includes a 9th grade class AND (2) a minority of the team are 9th graders. Junior High teams with a majority of 9th grade participants must compete as a Junior Varsity.*

**2015-2016 Season - No 7th grade participants will be allowed on an Junior Varsity or Varsity team. 8th grade participants will only be allowed if they are housed on the same campus and if their school Junior Varsity or Varsity sports teams allow 8th grade participants to participate in Varsity Sports.*

VARSITY DIVISIONS

Small Varsity	• 12th grade and below	• Female	• 5 - 12 Members	
Medium Varsity	• 12th grade and below	• Female	• 13 - 16 Members	
Large Varsity	• 12th grade and below	• Female	• 17 - 20 Members	
Super Varsity	• 12th grade and below	• Female	• 21 - 30 Members	
Small Varsity Coed	• 12th grade and below	• Female/1-4 Males	• 5 - 20 Members	*Note: Only 1 to 4 males allowed.*
Medium Varsity Coed	• 12th grade and below	• Female/4-7 Males	• 21 - 25 Members	*Note: Only 4 to 7 males allowed.*
Large Varsity Coed	• 12th grade and below	• Female/8+ Males	• 21 - 30 Members	*Note: 8 or more males allowed.*

**2015-2016 Season - No 7th grade participants will be allowed on an Junior Varsity or Varsity team. 8th grade participants will only be allowed if they are housed on the same campus and if their school Junior Varsity or Varsity sports teams allow 8th grade participants to participate in Varsity Sports.*

Non Building Divisions

Non Building Divisions: No partner stunts, pyramids or tosses allowed.

Junior Non Building	• JR or JV team	• Female/Male	• 5 - 30 Members	*Junior High or Junior Varsity teams*
Small Varsity Non Building	• 12th grade and below	• Female/Male	• 5 - 15 Members	
Large Varsity Non Building	• 12th grade and below	• Female/Male	• 16 - 30 Members	

Non Tumbling Divisions

The Non-Tumbling division will prohibit all tumbling with feet over head rotation. Legal inversions into or from stunts will not be considered tumbling and are allowed in this division.

Junior High Non Tumbling	• 9th grade and below	• Female/Male	• 5 - 25 Members	
Junior Varsity Non Tumbling	• 12th grade and below	• Female/Male	• 5 - 25 Members	
Small Varsity Non Tumbling	• 12th grade and below	• Female / 0-2 Males	• 5 - 12 Members	*Note: Up to 2 males allowed.*
Medium Varsity Non Tumbling	• 12th grade and below	• Female / 0-2 Males	• 13 - 20 Members	*Note: Up to 2 males allowed.*
Large Varsity Non Tumbling	• 12th grade and below	• Female / 0-2 Males	• 21 - 30 Members	*Note: Up to 2 males allowed.*

** Junior High Non Tumbling Age Guidelines: Junior High teams may include 9th grade participants IF (1) the school represented includes a 9th grade class AND (2) a minority of the team are 9th graders. Junior High teams with a majority of 9th grade participants must compete as a Junior Varsity.*

RECREATIONAL DIVISIONS

**The following divisions will follow standard safety guidelines*

The recreational divisions exist for teams with the main purpose of cheering for and supporting a recreational team (i.e. youth football, pee wee sports, community sports teams, etc.) Competitive only youth programs are considered an all star program, and must compete as an all star team and follow the all star rules and regulations.

Pee Wee Rec*	• 5-8 years of age	• Female/Male	• 5 - 36 Members	No Bid to NHSCC*
Youth Rec	• 10 years and younger	• Female/Male	• 5 - 36 Members	
Junior Rec	• 12 years and younger	• Female/Male	• 5 - 36 Members	
Senior Rec	• 14 years and younger	• Female/Male	• 5 - 36 Members	

Note: The age of the competitor as of August 31, 2014 will be the age used for the competition purposes throughout the 2014-2015 season for all Rec Divisions.

2014 - 2016 School and Youth / Rec NHSCC Divisions Only

JUNIOR HIGH / JUNIOR VARSITY DIVISIONS

*** Small Junior High**	• 9th grade and below	• Female/Male	• 5 - 16 Members	
*** Large Junior High**	• 9th grade and below	• Female/Male	• 17 - 25 Members	
Small Junior Varsity	• 12th grade and below	• Female	• 5 - 16 Members	Note: Official Junior Varsity Team or a JH team with a majority of 9th grade team members.
Large Junior Varsity	• 12th grade and below	• Female	• 17 - 25 Members	Note: Official Junior Varsity Team or a JH team with a majority of 9th grade team members.
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VARSITY DIVISIONS

To create a Championship that gives equal opportunity for schools of similar student composition, UCA will sub-divide the below listed divisions at the NHSCC based on school enrollments in the 9th - 12th grades as of October 1, 2014. Check out www.uca.varsity.com for more details.

Small Varsity Division I	• 12th grade and below	• Female	• 5 - 12 Members	1300 and above
Small Varsity Division II	• 12th grade and below	• Female	• 5 - 12 Members	1-1299 Students
Medium Varsity Division I	• 12th grade and below	• Female	• 13 - 16 Members	1300 and above
Medium Varsity Division II	• 12th grade and below	• Female	• 13 - 16 Members	1-1299 Students
Large Varsity Division I	• 12th grade and below	• Female	• 17 - 20 Members	1600 and above
Large Varsity Division II	• 12th grade and below	• Female	• 17 - 20 Members	1-1599 Students
Super Varsity Division I	• 12th grade and below	• Female	• 21 - 30 Members	1600 and above
Super Varsity Division II	• 12th grade and below	• Female	• 21 - 30 Members	1-1599 Students
Small Varsity Coed	• 12th grade and below	• Female/1-4 Males	• 5 - 20 Members	*Note: Only 1 to 4 males allowed.*
Medium Varsity Coed	• 12th grade and below	• Female/4-7 Males	• 21 - 25 Members	*Note: Only 4 to 7 males allowed.*
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